

**2009 Best Practices in Physical Education and Health**

Requirements for add-on credit for **PED 397/597 s. 79 (1-2 credits)**  
 Or **HLED 397/597 s. 791 (1-2 credits):**

Assignment	1 Undergrad Credit	1 Grad Credit	2 Undergrad Credits	2 Grad Credits
1	X	X	X	X
2		Option 1 or 2	X choose one	X choose one
3			X	X

**Assignment 1:**

A typed, one-full-page-minimum summary for each of four different presentations during the workshop; include title with presenter, and a personal reflection of how the material will impact or change your teaching. **Due 8/15/09**

**Assignment 2:**

Option 1;

Develop an implementation plan for your particular teaching situation on how to best utilize the materials and ideas from several of the sessions attended. Include:

- a. The major focus or goals you wish to accomplish as a result of Best Practices
- b. At least 5 resources, grant sites, or knowledge needed to bring about the change.
- c. Barriers and obstacles to the implementation of the goals.
- d. A timeline for the project.

Option 2;

Develop an advocacy plan for defending the program (physical education, health or extracurricular activities) and an action timeline for the next school year. Include

- a. Goals of the Plan-intended outcomes
- b. At least 5 resources from professional sources, web sources are ok.
- c. Personal samples and artifacts (letters to editor, school programs, etc)

**Due 8/15/09**

**Assignment 3:**

Complete **one** of the following academic projects. Outline and proposal will be due **8/15/09**. Final reports must contain appropriate sections of statement of project, methods and results. All final papers for the 2<sup>nd</sup> credit requirement will be due will be **due 10/17/09**.

- o Develop a new unit of activity or fitness emphasis in one or more classes
- o Plan for and use a new facility to deliver best practices and programs to students
- o Develop a grant proposal for an equipment company or state agency (Polar or WAHPERD grant as an example)
- o Promote a new fitness event that includes community as well as students during the school year.
- o Develop authentic assessment activities for a complete school year. This must include an authentic assessment tool and rubric for each unit in the school year.

**Enrolled students need to keep save electronic copies in case of problems.**

Email or Postal-Mail your completed work to Dr. Frazier at the address below. Include a SASE if you want materials returned.

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For questions regarding registration or grade reports, contact:  
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