

2005-06 Year in Review School of HESA

Program Highlights

- Established UWSP Athletic Training and Rehabilitation Services to expand treatment and rehabilitative care to the general student population and staff. The clinic is open to UWSP students and staff Monday thru Friday mornings.
- Course offerings in the collaborative strength and conditioning minor were initially taught in 2005-06 and have a strong core of students.
- Curricular changes continue in all areas: physical education has moved to an increased focus in adventure education programming and lifetime fitness, with changes in PE 200 and PE 201; the adapted 860 add-on certification is now being offered to senior level undergraduate students; athletic training changed course sequencing to better meet the needs of student's clinical demands
- Most classes in athletic training and physical education are taught using D2L.
- Tara Schmitt was name NCAA Woman of the Year for the state of Wisconsin in October 2005.
- Five sports placed in the top 10 nationally with women's hockey finishing third and baseball placing fifth. The men's swimming and diving team was ninth, while women's cross country and women's swimming and diving both finished 10th. The wrestling team added an 11th place finish.
- 17 of the 2005 physical education graduates are teaching; one is in grad school. One is unknown, one is not seeking employment and three are in private business. Our placement rate for 2005 is 87%.
- 8 of 10 athletic training majors passed the national exam on their first effort and 100% passed after a second attempt. These numbers far exceed the national averages of 47% on the first attempt and 70% on the second effort.
- Scott Frazier received the UWSP Service Award
- Scott Frazier was elected president elect for the Midwest District of AAHPERD for 2006 and will serve as president in 2007. He is the only HESA faculty member in my twenty plus year old memory to serve in such a capacity.
- Al Boelk was named WIAC Coach of the Year for both men's and women's swimming and diving.
- UW-Stevens Point qualified teams or athletes to NCAA tournament competition in 10 different sports. Three squads won conference regular season championships with women's hockey and baseball winning their respective conference tournament titles.
- UWSP finished 16th in the NCAA Division III Director's Cup standings out of 430 colleges and universities

Partnerships

- Athletic training established new clinical sites with: McDonough Sports Medicine and Orthopedic Clinic in Wisconsin Rapids, Physical Therapy Associates in Stevens Point and with Riverside Hospital in Waupaca.
- We continue our strong partnerships with Stevens Point Public Schools, Stevens Point Christian Academy and Stevens Point Catholic Schools in our numerous physical education, health education and adventure education programs that involve college students interacting and working with K-12 children.

Student-centered excellence (awards, national and state scholarships)

- Dusty Lang was awarded the UWSP Chancellor's Leadership Award in May.
- Tessa Wald was the first Pointer student to serve as President of the Council of Future Professional in WAHPERD. She served as the leader of the student members for the past year. She also attended the National Student Leadership Retreat in West Virginia and the national convention in Salt Lake City.
- Tessa Wald also received a WAHPERD student scholarship worth \$1,000 dollars. She becomes the third Pointer student in three years to receive one; following Jeff Wais and Chuck Brehm.
- 3 Pointer student-athletes were named the WIAC Scholar Athlete in their sport: Mike Hayes, Wrestling; Garth Newport, Men's Swimming and Diving; Jennie Roskopf, Women's Swimming and Diving
- 7 Pointer student athletes received All-District honors as scholar athletes.
- Chuck Brehm was the UWSP nominee for NASPE PE major of the Year, but was unable to attend the national convention to receive his award due to the baseball season.
- 30 Pointer student athletes were named first team All-Americans for their athletic ability.
- Four Pointer student athletes were named the Most Valuable Athlete within their sport: Alex Anderson, Men's Swimming and Diving (Swimming Athlete) Chuck Brehm, Baseball (Position Player) Kyle Steiner, Men's Indoor Track and Field (Field Athlete) Jordan Zimmermann, Baseball (Pitcher)
- 40 physical education majors attended the state WAHPERD convention in Janesville, easily providing us with the highest percentage of majors registered for the conference.
- Baseball player Chuck Brehm earned second-team Academic All-American honors, giving UW-Stevens Point 28 Academic All-Americans in school history, including 25 over the past seven years.
- 8 athletic training students attended the Great Lakes Athletic Trainers' Association district convention and 22 out of 30 students attended the Wisconsin Athletic Trainers' Association in Brookfield, WI.

Student Research

- 3 students presented undergraduate research presentations at the Wisconsin Athletic Trainers' Association in Brookfield, WI and at the UW-System Undergraduate Research Symposia at UW-Stout.
 - Mary Lynch presented a research case study "Does increasing hip strength and abduction decrease patellofemoral knee pain?"
 - Jennifer Wyss and Erica Ganther presented a pilot research project on manual therapy techniques entitled "The effects of strain counterstrain in reducing pain due to tender points"

Diversity

- Five HESA staff engaged in the minority student support program.
- In accordance with the UW-Stevens Point initiative on diversity, each HESA course is striving to have at least one objective that is diversity based.

International and study abroad

- HESA continues to support study abroad experiences through course support by offering WL 199 opportunities for students on semester abroad experiences.

Community service (civic engagement) of students/ faculty

- Physical education majors were involved in:
 - UWSP Open House, providing activities for children of all ages in the MAC and allowing children to experience the climbing wall.
 - Open climb family nights on the climbing wall
 - Jump Rope for Heart in 5 elementary schools in the Stevens Point School District
- The athletic training students and staff were involved in various community activities throughout the year
 - Adopt-a-Highway: The Sports Medicine Club adopted a stretch of highway on I-39 south of Stevens Point.
 - Open House: The Sports Medicine Club volunteered to promote UWSP and the profession of athletic training to the community at the Open House in April.
 - Relay for Life: Athletic Training students volunteered to provide first aid coverage for the participants of the Relay for Life in Stevens Point.
 - Daffodil Days for the American Cancer Society: Athletic training students and staff volunteered to deliver daffodils to cancer patients in the Stevens Point area.

Improving our work/living/study environment

- HESA spent \$10,000 improving the entryways to the HEC by installing bike racks, brick pavers and a new light to better enhance the approaches to our building.
- 9 office spaces in HESA received new carpet during the summer of 2005, with 7 more scheduled for 2006 to improve our work spaces.
- Classroom 101 has new tables and chairs and is technologically sound with a classroom computer, projector and ELMO. As a result, all classrooms in the HEC are now equipped with the requisite equipment to allow staff to use D2L to better serve our students.

Significant Staff Achievement

Scott Anderson

- Assistant coach to men's basketball team that finished 17-10.
- Works to support youth tournaments and highly successful boy's summer camps

Joe Baldarotta

- Men's Hockey team finished 3rd in WIAC and 4th in NCHA with a record of 12-11-4
- Continues to conduct highly respected summer hockey camps attended by approximately 300 athletes.
- NCHA Schedule Committee Chair
- Numerous volunteer presentations at area youth associations and high school hockey programs

Pat Bloom

- Baseball team won WIAC conference tournament and the NCAA Midwest regional, qualifying for the NCAA Division III World Series. UWSP lost 2-1 to eventual national champion Marietta College and finished 5th in the country with a final record of 35-18.

Al Boelk

- Men's Swimming and Diving Team finished 1st in the WIAC for the seventh straight year (9th nationally).
- Women's Swimming and Diving Team finished 1st in the WIAC Conference Meet (10th nationally).
- Named WIAC Coach of the Year for men's and women's swimming and diving team

Shirley Egner

- Women's basketball team finished 3rd in the WIAC and finished season with a record of 20-8.
- UWSP Women's camps enrolled approximately 230 athletes this summer
- NCAA Women's Basketball Central Regional Chair
- Hosted youth basketball tournament (April 2006)
- Guest speaker at many banquets and area functions based on high level of recent success in Women's Basketball

Colleen Evans-Fletcher

- WAHPERD Student Advisor
- WAHPERD Chair-elect Technology Division
- WAHPERD Central District Coordinator
- Member Teacher Education Subcommittee
- Member Student Technology Fee Advisory Committee

Presentations:

Workshop: Janesville Public Schools – Handheld Computer Applications – August 2005

Scott Frazier

- Serves as parliamentarian on the executive council of WAHPERD
- Currently past-president of WAHPERD, responsible for planning and directing the 2005 convention and convention coordinator for 2006.
- President elect Midwest District of AAHPERD for 2006 and president 2007
- External PEP Grant Reviewer for Mosinee and Medford School Districts

Fred Hebert

- Volunteer Camp Hope and member of the Board of Directors
- Lakeside Wellness Conference planning team member
- Member of the PI-34 planning team within the SOE

Holly Herrmann

- Committee chair for Women in Athletic Training
- Secretary for Wisconsin Athletic Trainers Association
- Presented at the Women in Science Day – November 2005
- Instructor for SOLO School of Emergency Medicine
- Committee chair for the Wisconsin Athletic Trainers Lifestyle Committee

Amy Hildebrandt

- Advisor to UWSP Sports Medicine Club
- Volunteer instructor for the American Red Cross
- Intra-college grant awarded for Sportsware licenses for \$1500

Brian Idalski

- Women's ice hockey team finished 1st in NCHA and won NCHA Playoff
- Finished the season with a 21-5-4 record, advancing into the quarterfinals of the NCAA tournament and finishing 3rd in the country.
- NCAA Division III Western Representative for Recognition
- USA Hockey Developmental Camps in Stevens Point, WI, Bensenville, IL, and Lake Placid NY

Johnny Johnson

- Coordinator of the Adventure Education Minor
- Wrestling team finished 2nd in the WIAC and 11th in the nation

John Miech

- Coordinated the recruitment approximately 60 student athletes.
- Football team finished season with 4-6 record.

Sheila Miech

- Coordinated summer soccer camps for approximately 200 area youth.
- Women's soccer team finished 4th in WIAC (record 8-7-1).
- Chair UWSP Hall of Fame Committee
- Coordinated six "Health Fairs" within community elementary schools.
- Coordinated the Wisconsin High School Girls All-State Selection.

Ann Munzenmaier

- Women's softball team finished 7th in the WIAC and finished season with a record of 24-16-1
- Inducted in St. Mary's University Hall of Fame as a member of the 2000 National Championship team
- Member of the National Fastpitch Coaches Association

Frank O'Brien

- Director of Athletics for an Athletic Department that finished 18th in the country in the Directors Cup based on athletic accomplishments at the national level.
- Member of many campus/community committees:(Wisconsin Special Olympics, Community Parks Improvement, Kiwanis, Sentry Classic Committee and Board of Directors for Camp Hope)

Christina Peterson

- Women's cross country team finished 2nd in the WIAC and 10th in the country
- Women's indoor/outdoor track and field teams finished 6th in the WIAC and 23rd and 70th respectively nationally.

Kristi Roth

- WAHPERD Chair – Adapted Physical Education
- Member of the Advocacy Committee of the Adapted Physical Activity Council of AAALF/AALR of AAHPERD
- Advisor SHAPER Club

Grants:

- CPS Mini Technology for Dance Dance Revolution System - \$1000

Presentations:

Roth, K., March 2006. "Transition in Physical Recreation: Graduate and Parent Perspectives. Midwest Symposium on Therapeutic Recreation and Adapted Physical Education

Bob Semling

- Men's basketball team finished 3rd in the WIAC and had an overall record of 17-10
- Implemented a highly successful digital scouting and game analysis software program
- Coordinator of the highly successful, well respected UWSP Summer Basketball Camps

Jim Strick

- Member of the COSIDA ethics committee
- Selected as the public address announcer for the 2006 NCAA Division III baseball championships and the WIAA boys and girls basketball state tournament
- Community Parks Improvement Committee
- Continues to work on MBA from UW-Oshkosh

Rory Suomi

- Member of the Individually Planned Major Committee
- Director of the Special Needs Aquatic Program

Presentations:

- Suomi, R. (2005). Validity of the Berg Balance Scale in Children with Mild to Moderate Disabilities, American College of Sports Medicine National Convention, Nashville, TN – June 2005.

Rhonda Verdegan

- Member of Wisconsin Athletic Trainers Association Safety and Liability Committee
- Volunteer examiner NATA National Exam
- Volunteer instructor for the American Red Cross
- Recipient of mini technology grant for a CD-ROM on gait analysis

Nate Weiler

- Recipient of mini technology grant for a Macromedia Software Package
- Webmaster for Wisconsin Athletic Training Association

Stacey White

- Coaching clinic instructor (July 2005)
- Advisor for men's volleyball club team and Any Swing Goes
- Women's volleyball team finished season with 16-19 record.

Megan Wilson

- Assistant coach to women's basketball team that finished 20-8
- Works to support youth tournaments and highly successful women's camps

Rick Witt

- Men's Cross-country Team finished 5th in the WIAC.
- Men's Indoor Track and Field team finished 4th in the WIAC and 20th at the NCAA Division III National Meet,
- Men's Outdoor Track and Field team finished 5th in the WIAC and 41st at the NCAA Division III National Meet,
- Continues to conduct highly successful running camps for high school level athletes as well as adults enrolling approximately 175 campers for the 2003 summer.