

School of Health Promotion & Human Development 2004-05 Year-End Report

Overview

Faculty and students in the School of Health Promotion and Human Development experienced another successful year. In 2004-05 we held a "Healthy Communities" student conference that was attended by more than 250 HPHD students, hosted an extended visit by nationally known chef Odessa Piper who worked with our dietetics students, held a training seminar for 22 FCS students on the TRIBES method of teaching that was led by a national TRIBES expert, certified 70 HPW students as smoking cessation facilitators, and finalized complete program reviews for each of our three undergraduate majors and for our graduate program. Our faculty led and held meetings of the Stevens Point Association of Family and Consumer Sciences-Student Chapter (SPAFCS), the Dietetics Club, the National Wellness Association-Student Chapter (NWA) and the American Society for Safety Engineers- Student Chapter (ASSE); and we financially supported and chaperoned a total of 85 students to their respective state and national conferences.

In addition, HPHD faculty found the time to present seven peer-reviewed papers, publish seven refereed journal articles, author or co-author seven grants totaling \$43100, participate on more than 20 UWSP campus committees, hold leadership positions in nineteen state or national organizations, attend thirty-nine workshops, and log many hours presenting, consulting and collaborating locally. Individual faculty members, Dr. Jane Jones and Dr. Jim Ramsay, each received campus recognition for their Teaching (Jones) and Service (Ramsay).

HPHD Holds First-Ever Student Conference

On April 28th, 2005, HPHD hosted the first-ever Health Promotion & Human Development Student Conference. The theme of this conference was "Healthy Communities." This "Healthy Communities" conference, attended by more than 250 HPHD students, provided a unique



opportunity to experience a professional conference, talk with local and national experts about important issues in their fields, and identify interdisciplinary connections between classmates in our three disciplines

(Dietetics, FCS and HPW). The conference featured twenty breakout sessions by local and state experts and keynote presentations by Dr. Larry Green and Lauve Metcalf. Green, a professor at the University of California-Berkeley, is nationally known as a community health expert and is a former scientist with the CDC. Metcalfe holds a faculty appointment with the University of Arizona College of Medicine and is a widely-known speaker and health consultant.

Centennial Funding Provides Unique Training to HPHD Students

Each year dollars generated through the Home Economics Centennial Endowment are used to provide our students with access to the most accomplished people and contemporary ideas in their fields. This year the Centennial Fund paid for TRIBES training for 22 students and an extended visit by nationally known Chef, Odessa Piper.



TRIBES training was held for our FCS students from February 17-20. This experiential workshop prepared our FCS students to use the community building process (TRIBES) as the foundation for teaching students of and for today's world. Students received a copy of the book, *Tribes, A New Way of Learning and Being Together*, by Jeanne Gibbs, a Certificate of Completion and the materials to enable them to implement Tribes in their schools and classrooms.

On April 11 and 12, Odessa Piper, owner of Madison's L'Etoile Restaurant, spent two days and evenings speaking, teaching labs, and socializing with our students. Odessa's L'Etoile is a nationally acclaimed restaurant offering seasonal menus inspired by the Midwest region and rendered with a French influence. L'Etoile's menus are primarily composed from local ingredients year round combined with specialties from all over the world. Odessa is an author and proponent of local farming, and she has won many awards.



HPHD Undergrads have banner year.

HPHD has four active student organizations. Many hours are spent by these organizations networking with peers, gaining professional experience, and completing volunteer activities. The Dietetics Club was headed this year by **Sara Luck** and **Katie Fallon**, Annie Wetter advisor; the Stevens Point Association of Family and Consumer Sciences (SPAFCS) Student Chapter was led by **Becky Tomsovic**, Sterling Wall advisor; the National Wellness Association (NWA) Student Chapter was led by **Kelley Dickey**, John Munson advisor; and the American Society for Safety Engineers– student chapter (ASSE) was headed by **Colette Hittner**, Jim Ramsay advisor.



This year each student organization attended the state meetings in their fields, and in each case HPHD had the highest student attendance. Fifteen family and consumer science majors, led by HPHD faculty members Sterling Wall and Kelley Ritter, attended a conference sponsored by the Wisconsin Association of Family and Consumer Sciences (WAFCS). At this conference **Becky Tomsovic**,

president of our WAFCS group, received one of two of the scholarship awards available, and **Maureen Adair** received the WAFCS leadership award which is the highest honor that a student can receive from the organization. In addition, **Adair** and **Nick Kleifgen** were elected into State offices for the upcoming year. In addition, seven SPAFCS students attended the National Council on Family Relations (NCFR) national meeting which was held in Minneapolis. Other HPHD student organizations traveled as well. Thirty-two health promotion students attended the Medical Wellness Association annual meeting where they accepted the “Distinguished Program Award”. The award was presented at the association’s annual conference on October 14 and 15 in Chicago. Seven Dietetics students were led to the Wisconsin Dietetics Association Conference by faculty members Jasia Steinmetz and Judie Pfiffner on April 28 and 29, and twenty-four HPHD graduate and undergraduate students received fee-waivers to attend the National Wellness Conference held during the summer here in Stevens Point.

Attending professional conferences provides opportunities for our students to network and learn more about their professions outside of the classroom. HPHD students received financial support to attend conferences through a combination of program support funds, the DeGuire Fund, and HPHD school funds.

HPHD students also completed a wide range of campus and community volunteer activities. A few examples include the work of senior dietetics

students who designed and presented classes to teach new Hmong immigrants how to prepare and shop for American foods; our Health Promotion students promoted and organized a highly successful Stevens Point "American Heart Walk"; and our SPAFCS club coordinated a food drive to provide food for needy Portage County residents.

In 2004-05, thanks to the generosity of many donors, HPHD awarded scholarships totaling \$17,500 to 27 students, and students Kirk Jewell and Becky Tomsovic received scholarships from professional organizations in their fields (\$2,500 from ASSE and \$1000 from WAFCS respectively). In addition, several of our students received recognition as campus leaders. 2004 Chancellor's Leadership Award Recipients were Susan Lacke (FCS), Kallyn Peterson (HPW), Cara Borchardt (HPW), Kurt Kielblock (HPW), Monica Schuster (HPW), and Amanda Nechuta (HPW). In addition, Amanda Burg (HPW), Christine Conklin (HPW), Mollie Kreibich, (HPW), and Courtney Slagle (HPW) were honored with University Leadership Awards.



HPHD Seeks to Improve Diversity and Cultural Awareness

Keeping in mind a broad view of diversity, HPHD has set several goals that are designed to help students become more aware of and tangibly increase diversity within our School. Next year every HPHD faculty member has committed to writing at least one diversity-objective into each course taught. In addition, we will spend 2005-06 designing a multicultural experience with plans of having an offering available for our students in 2006-07.

HPHD would also like to improve our mix of students and faculty who bring diverse backgrounds and experiences. With that goal in mind, we will begin to chart several measures of diversity and actively recruit to improve in those areas. Currently enrolled students in HPHD are primarily female (80%) and predominantly Caucasian (96.5%). Of 434 undergraduates, we have the following racial mix: 6 Asian (1.24%), 6 Black (1.24%), 3 Native American (.62%) and 2 Hispanic (.41%). A similar pattern exists within our graduate programs which are 83% female and include only 1 student identified as each Asian, Hispanic and Native American.

Faculty are becoming involved in diversity issues as seen by Dr. Jasia Steinmetz's service on the Universities Plan 2008 Committee, Anne Abbott's work on the UW-System Inclusivity Initiative and the UWSP Equity and Affirmative Action Committee, and Annie Wetter's involvement on the Gender and Minority Task Force for the Wisconsin Interscholastic Athletic Conference.

Dietetics Seniors Continue Success on RD Exam & in Intern Placement



Every one of our graduating seniors in Dietetics who completed internships were successful on the RD exam. RD exam pass rates and internship placements demonstrate the overall quality of our students, faculty and curriculum. Our five-year pass rate is 98%, which is well above the national average of 84%. In addition, the mean score for our students taking the RD exam was 29.71 which is markedly higher than the national mean of

26.88. Graduates from our Dietetics program have consistently posted scores that are higher than the national scores in all categories!

Nine Dietetics students received competitive internships. These post-graduation internships serve as qualifying experiences and allow students to sit for the RD exam. **Jenny Bock** is completing her internship at Keene State College in New Hampshire; **Katie Fallon** will intern and complete her MS degree in Public Health at the University of Minnesota; **Sarah Kleman** will complete her internship at the University of Wisconsin Hospital-Madison; **Lindsey Krumrei** will be interning at Loyola University; **Lisa Nystrom** will intern at the Mayo Clinic in Minneapolis; **Chara Orth** will be with Fairview University Medical Center in Minneapolis; and **Cindy Mechler, JoEllen Wunicke and Riesha Lenz** will intern at Viterbo College in LaCrosse.

Health Promotion Program Receives National Recognition

The Health Promotion major recently received the "Distinguished Program Award" from the Medical Wellness Association. The award was presented at the association's annual conference on October 14 and 15 in Chicago. Program coordinator Dr. John Munson and thirty-two HPW students were present to accept the award.



Jane Jones and Jim Ramsay receive prestigious UWSP Awards

This year two HPHD faculty members received campus-wide recognition for their work in the areas of teaching and service. Jane Jones received the 2005 "UWSP Excellence in Teaching Award," and Jim Ramsay received the "University Service Award."

Dr. Jones has taught in the School for the past sixteen years and has been nominated for this award on several prior occasions. She is seen as a “respectful, caring and thoughtful” teacher who is a positive role model for our students. Dr. Jones has a background in health counseling and behavior change. She is a strong proponent of living a healthy lifestyle.

Dr. Ramsay received the service award based on a long list of campus, community and national service accomplishments. Among the most notable have been his department and campus work as personnel committee chair, coordinator of the safety minor, campus program review, and the UWSP Environmental Health & Safety Committee. Last year, Dr. Ramsay was named Safety Educator of the Year by the American Society of Safety Engineers, and he serves as the editor of their Journal of Safety, Health and Environmental Research.

Teaching and Learning

HPHD faculty members took advantage of the many faculty development opportunities offered on campus throughout the year. Tom Wetter and Judie Pfiffner participated in the CPS Teaching Partners program this year. Terry Aittama participated in the Faculty Alliance for Expanding Teaching Strategies (FACETS) program, and Sterling Wall received a \$5000 FACETS grant to initiate a Scholarship of Teaching project within his classroom. HPHD also had outstanding faculty participation in UWSP’s annual teaching summit as twelve of our faculty attended. Our entire unit will benefit from our involvement in these activities.

Program Review

All three of our undergraduate programs (Dietetics, FCS, and HPW) and our graduate programs (HCR and Nutritional Sciences) completed extensive program reviews. The reviews looked retrospectively for the past 5 years to determine individual and collective program productivity, success and challenges. The review process also required extensive planning and goal setting for the future and resulted in the writing of a new mission statement and the creation of a strategic plan for our School. Having a relatively new School made it a perfect time to complete this process and led to a great deal of thoughtful analysis and decision making.

Employee Wellness

This year the UWSP Employee Wellness program headed the American Cancer Society “Relay for Life” program and again sponsored a 10,000 Steps walking program for UWSP employees and their families. The 10,000 Steps program promotes walking as a healthy way to improve overall health. Pedometers are used as a motivational tool to encourage employees to walk 10,000 steps each day. Employees who participated were eligible to earn monthly incentive prizes for successful participation. In addition, HPW students provided updates and maintenance to the campus employee wellness website and organized an information booth during “National Blood Pressure Awareness Month.” As part of this promotion, our portable blood

pressure machine was placed in the University Center. This machine is available to employees throughout the year and is placed at a variety of sites on campus.

Employee Wellness serves as a lab experience for the "Advanced Practicum in Health Promotion" course and provides professional experiences to students enrolled in other upper-level Health Promotion courses. The Employee Wellness Program is directed by Ms. Terry Aittama.

Gesell Institute

The Gesell Institute exists as a vital component in the School of Health Promotion and Human Development. This year many undergraduate and graduate students received laboratory experiences working with young children ages six months through five years old. One hundred twenty-one children were enrolled in Gesell



programs this past school year. An additional sixteen children enrolled in the summer program. This year Gesell applied for accreditation by the National Association for the Education of Young Children (NAEYC) and established a pre-Kindergarten program. Gesell Institute is led by Ms. Lorrie Richardson.

Adventure Tours Provides Educational and Healthy Treks Around the World

In 2004-05 the School of HPHD offered hiking and biking trips to Europe and beyond for adults of all ages. Participants experienced backroads and countrysides that most casual tourists never see and enjoyed unique cultures and cuisines while completing this wellness-oriented adventure. This past year 104 people enrolled in one of seven trips to Italy, Italy-Tuscany, Dominica, Mallorca, Switzerland, and England. The Adventure Tours program serves as a lab where Health Promotion students learn promotion and marketing, and exercise leadership skills. Ms. Kim O'Flaherty provides oversight and training and coordinates each of the adventure tours trips.

Standards Raise in HPHD Graduate Programs

In 2004-2005 the School of Health Promotion and Human Development made several changes that will raise the quality of our graduate programs. In 2005-2006 students will be required to submit a letter of intent and GRE scores as part of their application process. For the first time, HPHD hosted a fall Graduate Open House where students were introduced to faculty and policies and procedures were discussed. In



In addition, a spring Graduate Advising Seminar was held to provide an opportunity for students to meet with their advisors, seek answers to questions related to their programs of study, and to register for fall classes. Two new graduate courses were created this year. One of these courses is a hybrid course using D2L titled "Grants and Funding for Organizations and Small Projects." The second is a graduate level Health Behavior Change course.

In the Human and Community Resources M.S. degree program, we are beginning to involve more of the twelve graduate faculty members in HPHD. Unlike the intensive one-year Nutrition program, the HCR master's is primarily geared toward working professionals who take courses part-time over a number of years. Students enrolled in this program can complete their thesis, projects, and core coursework in a three-year-cycle. The HCR M.S. degree is designed to broaden expertise in one of four concentration areas: Family and Consumer Sciences, Child and Family Studies, Adult Education, or Health Promotion and Community Resources. Dr. Jasia Steinmetz serves as the graduate coordinator in HPHD. She is assisted by a graduate committee (Anne Abbott, Sterling Wall and Annie Wetter), PDN outreach specialist Laurie Kallstrom, and graduate program office assistant Carole Pelot. Steinmetz and Wetter also serve as HPHD's representatives on the UWSP Graduate Council.

The School of Health Promotion and Human Development awarded six M.S. degrees in 2004-2005. Our graduates were: **Angie Wirkus** from Marshfield, WI, whose project was titled "Development of a Nutrition Screening Education Program", (Annie Wetter, advisor); **Lisa Stephenson** from Cary, NC, whose thesis was titled "Development and Implementation of a Breastfeeding Support Program at a Biotech Company", (Jasia Steinmetz, advisor); **April Niemi** from Scandinavia, WI, Comprehensive Examination Option, (Kelly Ritter, advisor); **Stella Lin** from Singapore, Comprehensive Examination Option, (Sterling Wall, advisor); **Mary Montgomery** from Wittenberg, WI, Comprehensive Examination Option, (Jane Jones, advisor); and **Kim Fasula** from Plover, WI, who completed her project titled "Developing Successful Stepfamilies: Implementing a Pilot Stepfamily Class", (Jim Gingles, advisor).



In addition, Grad Assistant **Gail Kell** co-presented a paper with Dr. Sterling Wall at the National Council on Family Relations (NCFR) National Conference titled "Transformational Leadership: A New Paradigm for Teaching Generation "Y". They have also been accepted to present a paper at NCFR again next year titled "Relationship Beliefs and Restricted

Emotionality in Younger and Older Married Couples".

HPHD welcomes Marsha Larson to the HPHD Faculty

Ms. Marsha Larson joins the School of Health Promotion and Human Development as Associate Lecturer of Family and Consumer Sciences. Her teaching responsibilities will be in the areas of human development and family and consumer sciences. Marsha is not new to teaching as she has fifteen years of teaching experience in Family and Consumer Sciences at Necedah High School.

Ms. Larson holds a B.S. in Family and Consumer Sciences from UW-Stevens Point and an M.S. in Education from Viterbo College. She also holds an administrative license from Marion College. She resides in Wisconsin Rapids with her husband Mark. They have two adult children, Marissa and Eric.

Jim Ramsay takes new position at IUP

Dr. Jim Ramsay has accepted a new position at Indiana University of Pennsylvania in their environmental health and safety program beginning next year. Jim served the School of Health Promotion and Human Development for the past ten years teaching Safety and Health Protection courses in the Health Promotion area. Jim was an active researcher and he was instrumental in creating the Safety minor. IUP has an excellent Environmental Health & Safety program. We wish him luck.

Faculty (selected activities)

Anne Abbott

Professional Development: Attended The Future of Health Promotion and Health Education: Transforming Vision into Reality conference in Orlando, FL, 29th International Conference in Health Science Communications in Denver, CO, and National Wellness Conference at UWSP. Participated in UWSP Grants Writing Workshop.

Grants: Professional Development Grant to create a hybrid course titled “Grants and Funding for Organizations”. College of Professional Studies, \$3,000 awarded.

Service: UWSP Equity and Affirmative Action Committee member providing inclusivity initiative campus resolution and support

Terry Aittama

Professional Development: Attended the National Wellness Conference, 9th Annual UWSP Teaching Conference, and Affinity Occupational Health Conference. Participated in UWSP FACETS program and UWSP Faculty/Staff Reading Circle.

Service: Health Promotion/Wellness representative to the Wellness Council of Wisconsin, member of American Heart Association Heart Walk planning committee, evaluated HP/W curriculum effectiveness in preparing graduates to enter the workplace, and collaborated with Jane Jones in designing student application process for HP/W major.

Jasia Steinmetz

Consulting: Consulting Dietitian for Portage County Department on Aging and Nutrition

Grants: Professional Development Grant to create a distance education course, December, 2004, \$3,000 awarded; Lulu G. Graves Nutrition Education Award, December 2004, \$500 awarded.

Service: Board of Directors, Wisconsin Dietetics Assn (WDA) and Chair of the WDA annual Conference; Chancellors appointee to the Plan 2008 Committee; UWSP Graduate Council, Student Grants Committee, Sustainability Committee.

Community Involvement: Co-chair of the Healthy People Portage County-Chronic Disease Prevention Committee; Board of Directors of the Stevens Point Area Co-operative;

Reviewer: Journal of Nutrition Education, 1997-present.

Jim Gingles

Professional Development: Attended the Wisconsin Family Impact Seminar at UW Madison.

Presentations: Led in-service training for the Portage County Community Action Program on helping them with difficult children.

Service: Family Impact Seminar Steering and Advisory Committee; UCLCC Parent Workshop on Children and Behavior; Wisconsin Committee for the Prevention of Child Abuse Conference; and program facilitator for “What’s the Big Deal on Class Size?” for Stevens Point PTSA.

Board Member: Wood County Head Start Health Advisory Board, Wisconsin Rapids, WI.

Consultant: Head Start Programs in Port Edwards, Vesper, Marshfield, Wisconsin Rapids, Family Development Center (Stevens Point), and Madison View Head Start (Stevens Point).

Jane Jones

Awarded: UWSP's 2005 "Excellence in Teaching Award"

Publications: "Simply Working," in *Meaning and Purpose*, Vol 1, No. 6.

Presentations: Presented "Working with Difficult People" at the Wisconsin Learning Center; "Successful Behavior Change" and "Staying on Target for Successful Change" to the Wausau Tri-County Mental Health Practitioners; "Helping College Students Make Decisions about Sex and Other Important Things," and "Loving Well, Living Long" at the National Wellness Conference; and, "Using Personality Type to Reduce Workplace Conflict" at the Wisconsin Learning Center.

Community Service: Presented workshops for employees at Marshfield Door Company titled "Working with Difficult People and Situations"; St Michael's Cardiac Rehabilitation Support Group titled "Healthy Relationships for Healthy Hearts," and a series of three presentations at Stora Enso titled "Creating Work Life Balance."

Joan Kolodziej

Professional Development: Attended the Sysco Regional Food Show in Madison, National Restaurant Association Show in Chicago, 10th Annual World Chef Culinary Conference, Amherst, MA, and National Wellness Conference.

Service: Trained Gesell staff in CPS cafeteria sanitizing protocol, responsible for cafeteria accounting procedures, conducted follow-up on planned power outages and insured generator for food safety, and promoted sustainable agriculture by purchasing from local suppliers.

Marty Loy

Presentations: Co-facilitated three seminars on Generation Y students, Backward Course Design, and Cognitive Science & Learning.

Grants: Continued work on Congressional Earmark awarded for a faculty initiative to improve professional development at UWSP entitled "Faculty Alliance for Creating and Expanding Teaching Strategies (FACETS), \$496,750-second year of three-year award.

Service: Faculty representative for UWSP Office of Professional and Instructional Development, member of UW-System Scholarship of Teaching Leadership (SoTL) Advisory Board, UWSP Faculty Senate, UWSP Awards Committee, UWSP Mission, Vision, Values Committee, UWSP Center for Excellence in Teaching & Learning Committee.

John Munson

Advisor: UWSP Men's Lacrosse Club, UWSP Women's Lacrosse Club and UWSP Student Chapter of the National Wellness Institute.

Grants: Received \$142,000 from the Wisconsin State Stewardship fund to assist the Aldo Leopold Audubon Society in creating a nature conservancy.

Board Member: National Wellness Institute, Portage County Tobacco Free Coalition Steering Committee, Medical Wellness Association, and President of the Aldo Leopold Audubon Society of Central Wisconsin.

Publications: "Academic Competencies in Undergraduate Health Promotion Programs" in the Wellness Council of America Winter Edition, and "How to Start and Implement an NWI Student Chapter", online article for the National Wellness Institute (January 2004).

Reviewer: Rowen University Health Promotion Master's degree program September '04 (ongoing) and part of the National Wellness Conference Proposal Team.

Kim O'Flaherty

Planner: Provided oversight leadership in the organization of the HPHD Adventure Tours program and coordinated pre-departure orientation workshops for all trip leaders.

Teaching: Supervised educational experiences in Promotion and Marketing and exercise leadership for students enrolled in HPW 430-Practicum in Adventure Tours.

Trip Leader: Led hiking and biking trips to Dominica and Italy.

Judie Pfiffner

Professional Development: Attended “Lifestyle Training-Nutrition for the 21st Century” presented by the North Central Health Care Staff. Attended the Wisconsin Family and Consumer Educators State Meeting, the Wisconsin Dietetics Association, and the National Wellness Conference. Actively participated in Teaching Partners (2nd time).

Advisor: Phi Upsilon Omicron

Community Service: Presented “Modified Diets in Portage County”, and “Healthy Eating” for the UW-Extension LIFE Program, Multiple Sclerosis Series for Newly Diagnosed Patients.

Jim Ramsay

Presentations: Presented “Current Issues in Health Care Safety: The Origins of Nursing Hazards: a New Look at JSA’s for Nurses” for the National Safety Council International Congress, New Orleans; “Interrelationships Between Worksite Health and Safety” at the annual National Environmental Manager Association meeting in Orlando, FL; “The Origins of Nursing Safety: A New Look at JHAs for Nurses” to the Embry-Riddle Aeronautical University-Prescott Campus; and “Integrating Health and Safety: What Might ASSE’s Role Be?” at the NIOSH STEP to a Healthier US Workforce Symposium in Washington, DC.

Publications: Published “Needlesticks and Safer Needle Technology in Healthcare” in Professional Safety (Nov, 2004).

Reviewer: Proposal reviewer and conference planner for the 2004 ASSE Academics Practice Specialty National Conferences in Las Vegas and New Orleans, scientist reviewer for the NIOSH-NORA Research Program in Washington DC, and for the CDC Research Program-Investigator Initiated Research (R01) Panel 1, A Special Emphasis Panel in Atlanta, GA.

Service: Lead/taught student group on semester abroad in Australia.

Lorrie Richardson

Consultant: Noel Learning Center “Parent Advisory Board”, Stevens Point, WI; and St. Joseph’s Child Care Center “Developmentally Appropriate Curriculum for Pre-School Children,” Stevens Point, WI.

Parent Advisory Committee: Led the Gesell Parent Advisory Committee and held several events to support Gesell.

Accreditation: Completed preliminary materials for the accreditation of Gesell by the National Association for the Education of Young Children.

Kelley Ritter

Coordinator: Coordinator of the Family and Consumer Sciences Program.

Presentations: Presented at Wisconsin Association of Family and Consumer Sciences new professional and graduate student meeting.

Professional Development: Attended national meeting of the Association of Career and Technical Education (ACTE), Ninth Annual UWSP Teaching Conference Exploring New Dimensions in Teaching, Project to Develop National Standards for Teachers of Family and Consumer Sciences, National Association of Teacher Educators for Family and Consumer Sciences (NATEFACS), and completed Tribes Learning Community and Tribes TLC District Trainer training.

Service: Served on PI-34 Teacher Educator committee.

Sterling Wall

Publications: “Men as Fathers and Servant Leaders” in Why Fathers Count.

Presentations: Presented “Husbands’ Marital Friendship Behaviors: The Influence of Family Expressiveness, Gender Role Conflict, and Emotional Intelligence” and a paper on “Transformational Leadership: A New Paradigm for Teaching Generation Y” at the National Council on Family Relations convention in Orlando, FL.

Advisor: Student chapter of the Wisconsin Association of Family and Consumer Sciences.

Grants: \$5000 FACETS grant to study students’ perception of the importance of research.

Reviewer: Journal of Adolescence, “Community Youth Development: Programs, Policies and Practices”.

Annie Wetter

Presentations: Presented 2 peer-reviewed research papers with undergraduate Dietetics student Sarah Kleman at the international scientific meeting of the American College of Sports Medicine in Nashville, TN. One paper was titled “Effect of 8-week weight training class on PSPP among weight-preoccupied college age women”; the second paper was titled: “Effect of weight training on risk for disordered eating among weight-preoccupied college women.”

Community Presentations: Presented “Shopping for weight loss: consumer attitudes towards fad diets” at Sentry Insurance; and “Beyond the ‘Corporate Athlete’: eating healthfully sans biochemistry” at Kimberly Clark Headquarters in Neenah, WI.

Advisor: Men’s Club Soccer and the Dietetics Club.

Service: Faculty Representative for UWSP Woman’s Athletics; Gender and Minority Task Force for the Wisconsin Intercollegiate Athletic Conference; UWSP Graduate Council.

Thomas Wetter

Professional Development: Attended Northwest Regional American College of Sports Medicine Meeting, Eau Claire, WI

Research: “Effects of carbohydrate and carbohydrate-caffeine containing beverages on half marathon running performance”.

Service: Creation of a Strength and Conditioning joint minor offered through HESA and HPHD, participated in CPS Teaching Partners Program.

Community Service: Provided UWSP student participation in Ben Franklin Jr. High School Health Fair and health surveys.