

2004-2005 Year in Review

School of HESA

General Accomplishments

In my annual review effort, it is very obvious that the School of HESA had another outstanding year academically and athletically. In a very tight teaching market, we placed 83% of last year's graduates in physical education/health education and 100% of our graduates in athletic training. Our athletic training staff continued to work within the policies and procedures of national accreditation standards, admitting eleven new students to the program in March. We earned approximately \$15,000 in grant money, assisted in college-wide fund raising efforts, and secured a new endowed fund dedicated to women athletes in cross country and track and field (Len and Judy Hill, \$25,000 endowed). Additionally, in a time of tight budgets HESA reduced college-wide debt by \$43,000, while continuing to work at improving the general appearance of the health enhancement center with new tile in the pool and pool locker rooms and the completion of the lab modernization project and classroom upgrade to HEC 116. We added a collaborative minor in strength and conditioning, working closely with the Health Promotion Human Development staff to do so. We enhanced our collaborative relationships with Rice Clinic Sports Medicine staff and with Stevens Point Public Schools in physical education and adventure education programming. Finally, we again had student athletes perform at very high levels in both the classroom and in their chosen sport. The following paragraphs serve to detail the above general statements.

Physical Education Major

We are proud of the fact that 83% of the 2003-04 HESA graduates in physical education/health education gained professional placement in K-12 educational settings. The teaching profession is experiencing an increasingly competitive job market as budgets tighten and many districts attempt to compact positions to do more with less. The multiple certifications our physical education graduates possess in health education, adapted physical education, water safety instruction and CPR/First Aid continue to serve them well. Additionally, our graduates asserted themselves well in the classroom with 9 of 21 physical education graduates graduating with honors.

We placed 20 students into the School of Education and it appears our earlier efforts to curtail overwhelming numbers in the major seems to be having the desired effect, as enrollment in most classes is becoming more manageable. HESA faculty and staff are continually involved in curriculum review to insure our students are well prepared and to comply with PI-34 legislation. While compliance with PI-34 directives is challenging, we continue to grow with initiatives in teaching standards, assessment and portfolio development.

The student organization, SHAPER, continues to grow in strength, numbers, and involvement. A total of 35 students attended the state WAPHERD convention in Janesville in October and 16 junior senior level majors attended the AAPHERD National Convention in Chicago in April, giving UWSP a strong, proud representation of future educators. The School's minors in health education, coaching and adventure education continue to attract interested students, as does the adapted physical education 860 add-on. A typical physical education graduate possesses a minor in health education, certification as a Water Safety Instructor (WSI) and the 860 adapted physical education add-on, creating a high level of marketability.

Athletic Training Major

This was our first full year operating as an accredited program. We added eleven new students to the major in March from a strong pool of applicants. Our athletic training students continue to perform well on the national exam with 100% - 7 of 7 passing on their first attempt. This excellent carried into the graduates grade point averages with 5 of 8 graduating with honors. Finally, 100% of the 2003-04 athletic training graduates received professional placement in their chosen field.

Our athletic training program is led by four certified athletic trainers, who work closely with 32 student athletic trainers to provide the necessary experiences and knowledge needed to pass the national certifying exam. In the past ten years, UW-Stevens Point graduates have passed the national examination at a rate that doubles the national average. Additionally, the athletic training staff works with orthopedic team physicians, physical therapists, and occupational therapists at St. Michael's Hospital and Rice Clinic, while meeting the needs of 650 UWSP athletes as well as students in dance and the performing arts.

Athletics: Another Outstanding Year

Athletics enjoyed an outstanding year with many teams and individuals being recognized for outstanding performances both athletically and academically on a conference and a national level. The men's and women's combined programs finished the year winning the all sports trophy in the WIAC. On a national level UWSP ranked 5th nationally among 370 NCAA Division III Institutions in the Directors Cup, marking our fifth top ten finish in the past six years. This effort matches UW-Stevens Point's highest finish in the eleven-year history of this award; and, was once again the best effort of any WIAC school and the highest of any non-East Coast college/university.

UW-Stevens Point qualified teams or athletes to NCAA tournament competition in 13 different sports, with the men's basketball team capturing the NCAA Division III championship for the second consecutive year and Jenna Mitchler

winning the indoor 800 meter championship. Six squads won conference regular season championships (Women's Cross Country, Women's Soccer, Women's Basketball, Men's Basketball, Women's Ice Hockey, Men's Swimming and Diving) and four teams won their respective conference tournament titles (Women's Soccer, Men's Basketball, Women's Ice Hockey and Baseball). 15 of 20 sports finished third or higher in the conference standings with six first places, four second places and five third place finishes. Thirteen of twenty sports qualified teams or individuals for NCAA Division III tournament competition, with 8 sports placing in the top ten.

Individually, we had 3 athletes named WIAC/NCAA Division III National Athlete of the Year in their sport (Jason Kalsow Men's Basketball, Amanda Nechuta Women's Basketball and Steve Wiczek Baseball) and 3 named WIAC Athlete of the Year (Tara Schmitt Soccer, Jenna Mitchler Women's Indoor Track and Field and Joel Burdick Wrestling). Additionally, 23 athletes were recognized as first team All-Americans. UW-Stevens Point had 5 WIAC Scholar athletes, 11 student athletes were recognized all district for their academic accomplishments and 3 achieved academic All-American status. Five UW-Stevens Point coaches were selected as conference coaches of the year (Al Boelk, Shirley Egner, Pat Bloom, Sheila Miech and Len Hill). Finally, John Miech received a very meaningful award in recognition of his achievements at the high school and collegiate levels when he was elected into the Wisconsin Football Coaches Hall of Fame in March 2005.

Significant Staff Achievement

Joe Baldarotta

- Men's Hockey team finished 3rd in WIAC and 4th in NCHA with a record of 12-12-3
- Continues to conduct highly respected summer hockey camps attended by approximately 300 athletes.
- NCHA Schedule Committee Chair
- Numerous volunteer presentations at area youth associations and high school hockey programs

Jack Bennett

- Men's basketball team won fifth WIAC title in the last six seasons and second consecutive NCAA Division III National Championship, finishing season with a record of 29-3.
- Summer basketball camps hit an all time high of 1000 attendees last summer. UWSP Summer Basketball Camps are recognized as one of the best in the state.
- Keynote speaker at numerous area events, ranging from high school athletic banquets to commencements.

- Spoke and speaking at numerous Nike Basketball Clinics throughout the U.S

Pat Bloom

- Baseball team finished 1st in WIAC with a record of 31-5, won the WIAC Tournament and qualified for post season play, losing in the quarterfinals to UW-Whitewater the eventual NCCA National Champions
- Named WIAC Coach of the Year.

Al Boelk

- Men's Swimming and Diving Team finished 1st in the WIAC for the sixth straight year (12th nationally).
- Women's Swimming and Diving Team finished 2nd in the WIAC Conference Meet for the third consecutive year (35th nationally).
- Named WIAC Coach of the Year for men's and women's swimming and diving team
- Became the proud father of his first child Otto born May 4, 2005.

Greg Breitbach

- Served as offensive coordinator of the 2nd place football team, which finished the season 6-4.
- Guided the Health Enhancement Center through a series of policy changes and revised numerous policies and procedures
- Member of University Environmental Health and Safety Committee
- Initiated the "State of the HEC" document to address and improve the overall appearance of the HEC

Presentations:

- "Balancing One Back Formations in the Run/Pass Game" Morningside College Football Clinic, Sioux City, Iowa

Grants:

- CPS Mini Technology for DVD/VHS players - \$900

Paul Caufield

- Works with USA Hockey on Youth Development Programs

Presentations:

- "Offensive Strategies to Produce Wide Open Play". USA Hockey Advanced Clinic

Shirley Egner

- Women's basketball team finished 1st in the WIAC for the second consecutive year and finished season with a record of 21-6.
- UWSP Women's camps enrolled approximately 230 athletes this summer
- Member of Sportsmanship Committee for WIAC and NCAA
- Hosted youth basketball tournament (April 2005)

- Guest speaker at many banquets and area functions based on high level of recent success in Women's Basketball

Colleen Evans-Fletcher

- WAHPERD Student Advisor
- WAHPERD Chair-elect Technology Division
- WAHPERD Central District Coordinator
- Member University Technology Committee
- Member Teacher Education Subcommittee
- Member Student Technology Fee Advisory Committee
- Area Workshops:
 - Playground Safety – Park Falls Elementary School
 - PDA Applications – Madison Area Schools

Presentations:

- Evans-Fletcher, C. (February, 2004). Fitness Factory: Fitness, Assessment, Technology and Fun, Central Wisconsin Teacher's Conference, Wausau, WI.
- Evans-Fletcher, C. (April, 2005). Improving Physical Education Teacher Effectives Using Handheld Computing and Project Based Learning to Integrate Digital Technology American Association for Health Physical Education Recreation and Dance (AAHPERD), Chicago, IL.
- Evans-Fletcher, C. (April, 2005). Learn How You Can Add Excitement to your K-12 or College Physical Education Curriculum Using PDA's, Web Communication and 2005 Technology. American Association for Health Physical Education Recreation and Dance (AAHPERD), Chicago, IL.

Grants:

- Evans-Fletcher, C. and Frazier, S. Innovative Instruction and Assessment in HESA Teacher Certification Through Fitness Technology. UPDC \$5500
- CPS Mini Grant – Polar Pocket PE Manager Software and Pocket PC - \$640

Scott Frazier

- Serves as parliamentarian on the executive council of WAHPERD
- Currently past-president of WAHPERD responsible for planning and directing the 2003 convention and convention coordinator for 2004.
- Wisconsin representative to the Midwest District of AAHPERD
- Serves as advisor of UWSP SHAPER Club
- External PEP Grant Reviewer for Mosinee and Medford School Districts
- Curriculum Workshops presented at Wilmot Unified School District in November 2003 and February 2004

Presentations:

- Frazier, S. (March 2004). Student Portfolios in 6-12 Physical Education. Central Wisconsin Educators Meeting, Wausau, WI

Fred Hebert

- Volunteer Camp Hope and member of the Board of Directors
- Lakeside Wellness Conference planning team member
- Member of the PI-34 planning team within the SOE
- Led a semester abroad experience to Tahiti and New Zealand in spring 2005

Presentations:

- Collier, D. and Hebert, F. (2004). Undergraduate physical education teacher preparation: what practitioners tell us. *The Physical Educator*, 61(2), 102-112

Holly Herrmann

- Committee Chair for Women in Athletic Training
- Serves as the advisor for the UWSP Sports Medicine Club
- Instructor for SOLO School of Emergency Medicine
- Committee chair for the Wisconsin Athletic Trainers Lifestyle Committee

Publication:

- Wetter, A., Klemen, S. Herrmann, H. Effect of Weight Training on Risk for Disorder Eating Among Weigh Preoccupied College Women (publication pending)

Len Hill

- WIAC Sports Chair
- Women's Indoor Track and Field Team finished 3rd in the WIAC and 8th at Nationals.
- Women's Outdoor Track and Field Team finished 3rd in the WIAC and 15th at Nationals.
- Women's Cross Country finished 1st in the WIAC and 6th at Nationals
- Serves as a team leader for Wisconsin Interscholastic Program for Athletic Coaches Education (PACE).
- WIAC Coach of the Year for Women's Cross Country

Brian Idalski

- Women's ice hockey team finished 1st in NCHA and won NCHA Playoff
- Finished the season with a 22-3-1 record, advancing into the quarterfinals of the NCAA tournament
- USA Hockey Developmental Camps in Stevens Point, WI, Bensenville, IL, and Lake Placid NY
- WIAC Coach of the Year for Women's Ice Hockey

Johnny Johnson

- Coordinator of the Adventure Education Minor
- Wrestling team finished 2nd in the WIAC and 10th in the nation

John Miech

- Coordinated the recruitment approximately 60 student athletes.
- 2003 Football team finished in 2nd place in the WIAC with a record of 6-4 overall.
- Elected into Wisconsin Football Coaches Hall of Fame in March 2005

Sheila Miech

- Coordinated summer soccer camps for approximately 200 area youth.
- Women's soccer team finished 1st in WIAC (record 16-5-1) and won the conference tournament, qualifying for the NCAA National Tournament for the eleventh time in twelve years
- Chair UWSP Hall of Fame Committee
- Coordinated six "Health Fairs" within community elementary schools.
- Coordinated the Wisconsin High School Girls All-State Selection
- WIAC Coach of the Year for Women's Soccer

Ann Munzenmaier

- Women's softball team finished 3rd in the WIAC and finished season with a record of 26-15
- Member of the National Fastpitch Coaches Association

Frank O'Brien

- Director of Athletics for an Athletic Department that finished 5th in the country in the Directors Cup based on athletic accomplishments at the national level.
- Member of many campus/community committees:(Wisconsin Special Olympics, Community Parks Improvement, Kiwanis, Sentry Classic Committee and Board of Directors for Camp Hope)
- Volunteer strength coach for men's ice hockey team

Kathy O'Connell

- Directed departmental efforts through the process of gaining national accreditation in athletic training major.
- GLATA Research Committee Member
- Chairperson of the Wisconsin Athletic Trainers Association Committee addressing "Quality of Life Issues in Athletic Training"
- Member of the Wisconsin Athletic Trainers Affiliated Credentialing Board
- Resigned in September to focus full time on the completion of her Ph.D. at University of Wisconsin in Educational Administration

David Petroff

- Assistant coach of the highly successful Women's Basketball team
- Hosted youth basketball tournament (April 2005)
- Volunteer for Habit for Humanity
- HESA Banquet Committee chair
- Webmaster for the athletic web pages

Kristi Roth

- WAHPERD Chair Elect – Adapted Physical Education

Grants:

- CPS Mini Technology for assistive technology for PEX 400 and PEX 401 \$865
- Undergraduate Initiatives funding for Adaptive Physical Education - \$2430

Bob Semling

- Assistant coach for the national championship Men's Basketball team
- Implemented a highly successful digital scouting and game analysis software program
- Coordinator of the highly successful, well respected UWSP Summer Basketball Camps

Jim Strick

- Member of the COSIDA ethics committee
- Selected as the public address announcer for the 2005 NCAA Division III baseball championships and the WIAA boys and girls basketball state tournament
- Community Parks Improvement Committee
- Continues to work on MBA from UW-Oshkosh

Rory Suomi

- Member of the Individually Planned Major Committee
- Director of the Special Needs Aquatic Program

Publications:

- Suomi, R. & Collier, D. (2003). Effects of arthritis exercise programs on functional fitness and activities of daily living measures in older adults with arthritis. Archives for Physical Medicine and Rehabilitation. 84:10 1589-93

David Taynor

- Assistant coach for the 2nd place football team, working with the offensive line
- Instrumental in working to create the Strength and Conditioning minor in collaboration with HPHD

Rhonda Verdegan

- Member of Wisconsin Athletic Trainers Association Safety and Liability Committee

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Nate Weiler

- Recipient of mini technology grant for a Macromedia Software Package
- Webmaster for Wisconsin Athletic Training Association

Stacey White

- Coaching clinic instructor (July 2004)
- Advisor for men's volleyball club team
- Women's volleyball team continues to improve within the conference, posting most wins since 1999 team with record of 21-14

Rick Witt

- Men's Cross-country Team finished 3rd in the WIAC and 11th in the NCAA Division III National Championship.
- Men's Indoor Track and Field team finished 5th in the WIAC and 22nd at the NCAA Division III National Meet,
- Men's Outdoor Track and Field team finished 4th in the WIAC and 34th at the NCAA Division III National Meet,
- Continues to conduct highly successful running camps for high school level athletes as well as adults enrolling approximately 175 campers for the 2003 summer.