

## **2002-2003 Year in Review**

### **School of HESA**

#### **General Overview**

In a very tight teacher employment market, the School of HESA placed 25 of 27 graduates in physical education. This marked the 10<sup>th</sup> consecutive year our placement of graduates surpassed 70%, far exceeding the state average for employment in this field. Our first four graduates in the athletic training major all gained employment within their field, with two working on advanced degrees and two working in clinical settings. HESA staff made five national presentations, fourteen regional presentations and accomplished the following: generated \$8,000 in grant money, assisted in college-wide fund raising efforts, paid off \$6,000 of college-wide debt, improved the general appearance and comfort level of the health enhancement center through the completion of the air conditioning project, improved the functional use of the MAC by adding a dividing curtain, enhanced collaborative relationships with Rice Clinic Sports Medicine staff in athletic training, and with the Stevens Point Public Schools in physical education and adventure education programming and finally, had students and student athletes perform at very high levels in both the classroom and in their chosen sport, receiving a great deal of statewide, regional and national recognition.

#### **Physical Education Major**

Our physical education major is very well led by 4 teaching faculty and 6 academic staff, who share teaching and coaching duties. As stated earlier, we are proud of the fact that in a very tight teacher employment market, we placed 25 of 27 graduates in physical education, marking the 10<sup>th</sup> consecutive year our placement of graduates surpassed 70%. Our average placement over this same time span is 86%. Scott Frazier, physical education program director, served as the president of Wisconsin Association for Health, Physical Education, Recreation and Dance (WAHPERD), effectively leading the state of Wisconsin's professional organization at a difficult time, due to curriculum challenges and budgetary constraints. It appears our effort to better control growing enrollment has been effective, as the number of physical education majors has dropped to approximately 140 students. This effort continues through curricular changes designed to better develop our student's electronic portfolio and create SOE application after attaining 45 credits. Additionally, we added two new courses to our K-12 physical education major, PED 150 Foundations of Teaching K-12 Physical Fitness and PED 280 Curriculum Design in K-12 Physical Education and deleted AT 351 Athletic Injury and Prevention to better meet the needs of the pending content examination. These efforts resulted in the physical education major changing from 43 to 46 credits. Finally, PED 400 is also a new course

scheduled to run simultaneously with student's student teaching experience, but will not add any credits to degree. While compliance with PI 34 directives is challenging, we look forward to continuing to grow with expectations associated with teaching standards, assessment rubrics and portfolio development.

The student organization, SHAPER, continues to grow in strength, numbers, and involvement. A total of 26 students attended the state WAPHERD convention in Green Bay in October, once again giving UWSP a strong, proud representation of future educators. Additionally, SHAPER members were involved in assisting with Operation Bootstrap Food Drive, donated money for Holiday Baskets at Christmas and helped with the organization and operation of the Jump Rope for Heart fundraising effort for the American Heart Association. Finally, our physical education graduates asserted themselves well in the classroom as 11 of 27 graduated with honors, with 4 attaining highest honors.

### **Athletic Training Major**

Our athletic training program is led by four certified athletic trainers, a program director, head trainer, clinical director and an assistant trainer, who work closely with 33 student athletic trainers to provide them with the necessary experiences and knowledge needed to pass the national certifying exam upon completion of the curriculum. Additionally, the athletic training staff works with orthopedic team physicians, physical therapists, and occupational therapists at St. Michael's Hospital and Rice Clinic, while meeting the needs of 600 UWSP athletes and students in dance and the performing arts. All four students graduating in the athletic training major gained clinical employment or positions in graduate school.

Unquestionably, the athletic training staff had the greatest amount of change to grasp in the 2002-03 academic year and this was initially difficult because the change was being dictated by an external body, rather than being internally controlled. The changes were a result of being denied national accreditation from the governing body. While our initial reaction was anger, we have moved beyond that natural reaction to one of growth. The result of not gaining national accreditation led to: changing the athletic training major from 50 to 54 credits, altering the long utilized approach to student athletic trainer coverage of athletic practices and events, creating percentage of load changes in our 4 athletic trainers, changing budget procedures, creating an athletic training staff position of clinical director and providing the opportunity to hire two adjunct staff, a medical doctor and a physical therapist to teach athletic training classes. Our athletic training staff continues to engage in the directed self study requisite of any program seeking national accreditation. Upon completion of the self-study this August, we will submit our accreditation material for a second and final time in September and request an on site visit from members of the national accrediting body in spring 2004. Our adjusted goal is to attain national accreditation status by summer 2004.

## **Adventure Education Minor**

After three years of planning and preparation, this was our first year of teaching courses in our adventure education minor. It was exciting to see Johnny Johnson, Kevin Deates and Holly Herrmann utilize knowledge and skills they worked so hard to acquire through UPDC grant efforts. Other courses were taught by Jim Joque and Dwayne Behnke as we continued our efforts to work collaboratively with the Stevens Point school district to share assets and expertise. This program has provided us with the opportunity to create and follow through with a win-win situation, as university students gain practicum experience working with K-12 students in adventure education opportunities that enrich both populations. All courses filled quickly with students and enrollment limits were exceeded in three courses.

## **Health Education – 910 Certification**

The HESA staff worked closely with Dean Joan North and Laurie Kallstrom in the CPS Professional Development Network to develop a four course graduate level opportunity for teaching professionals to gain certification in health education. The Wisconsin Department of Public Instruction approved this sequence of courses for licensure in health education and the enrollment limit of 25 graduate students was quickly met. Participants in this certification opportunity need to be in possession of a Wisconsin teaching license and complete all courses to attain licensure in health education. The first course was taught this spring, with two more to follow this summer and the final offering taught in the fall semester. This certification opportunity has been well received by Wisconsin educators and is another example of creating a win-win situation.

## **Athletics: Another Banner Year**

Athletics enjoyed another banner year with many teams and individuals being recognized for outstanding performances both athletically and academically on a conference and national level. The men's and women's combined programs finished the year ranked 12<sup>th</sup>-15<sup>th</sup> nationally among 370 NCAA Division III Institutions in the Sears All-Sports Cup (final results will be released this Friday). Fourteen of the twenty sports were nationally ranked in the top ten during their season, with three sports winning WIAC championships (women's soccer, men's basketball and men's swimming and diving). 17 Of 20 sports finished in the top half of the conference standings and 9 squads finished first or second, with 7 finishing third. 10 of 20 sports qualified teams or athletes for NCAA Division III tournament competition, with wrestlers Cody Koenig and Brad Marten and indoor track and field athlete Noah Eschenbauch winning individual national championships. Former women's basketball player Kari Groshek was selected as a recipient of the prestigious NCAA Top VIII Award, which recognizes

students for athletic and academic performance in all NCAA sports and divisions. This marks the second consecutive year a UW-Stevens Point student-athlete won the honor after cross country and track athlete Leah Juno won the previous year. Groshek and Juno are the only WIAC athletes to ever earn the honor and join Suzy Favor-Hamilton as the only three Wisconsin athletes recognized in the 31-year history of the award.

Seventeen athletes were named first-team All-Americans, with five athletes being named WIAC Athletes of the Year. Academically, UW-Stevens Point had three Academic All-Americans, four All-District Academic selections and three WIAC Scholar Athletes. Finally, four UW-Stevens Point coaches were selected as WIAC coaches of the year, with two receiving NCAA regional honors.

Lastly, UW-Stevens Point athletes volunteer their time and talent in the Athlete Reading Program, working with Stevens Point elementary schools, volunteer for Special Olympics and work with area youth in athletic camps, clinics and tournaments throughout the year.

## **Significant Staff Achievement**

### **Joe Baldarotta**

- Continues to conduct highly respected summer hockey camps attended by approximately 300 athletes.
- NCHA Schedule Committee Chair

#### **Presentation:**

- "Playing the Angles", August 2002. Dave Peterson USA Hockey Goaltending Symposium. US Olympic Training Center, Colorado Springs, CO

### **Jack Bennett**

- Men's Basketball team finished first in the WIAC for the 4<sup>th</sup> consecutive year, finishing with a record of 24-4
- Basketball team qualified for the NCAA tournament
- WIAC Coach of the Year and NCAA Regional Coach of the Year
- Summer basketball camps hit an all time high of 1000 attendees this summer. UWSP Summer Basketball Camps are recognized as one of the best in the state.
- Guest speaker at 4 high school banquets in Wisconsin.

### **Al Boelk**

- Men's Swimming and Diving Team finished 1<sup>st</sup> in the WIAC for the fourth consecutive year.
- Women's Swimming and Diving Team finished 2<sup>nd</sup> in the WIAC Conference Meet for the second consecutive year.
- Named WIAC Coach of the Year.

## **Paul Caufield**

- Works with Joe Baldarotta to produce high quality youth hockey camps
- Completed 2<sup>nd</sup> year as coach of the Women's Fast pitch team with a record of 21-17

### **Presentations:**

- Creating Offensive Opportunities. Advance Hockey Clinic

## **Doug Collier**

- Central District Chairperson in physical education for WAHPERD.
- Currently, faculty member in physical education at SUNY-Brockport.

### **Publications:**

- Suomi, R. and Collier D. (accepted for publication). Effects of arthritis exercise programs on functional fitness and perceived activities of daily living measures in older adults with arthritis. Archives of Physical Medicine and Rehabilitation.
- Suomi, J., Collier D. & Brown, L. (2003). Factors affecting the social experiences of students in elementary physical education classes. Journal of Teaching in Physical Education, (22)2, 186-202.

## **Kevin Deates**

- Assistant coach, defensive coordinator of football team that finished season 6-4
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## **Shirley Egner**

- Women's basketball team finished 2<sup>nd</sup> in the WIAC and finished the season with a record of 21-5.
- UWSP Women's camps enrolled approximately 230 athletes this summer
- Member of Sportsmanship Committee for WIAC and NCAA
- Hosted youth basketball tournament (April 2003)

### **Presentations:**

- Play to Your Strengths – Wisconsin Basketball Coaches Association, September 2002
- Defense – Pointer Style – NCAA National Basketball Convention, Atlanta, April 2003.
- Guest speaker at 7 high school banquets in central Wisconsin

### **Colleen Evans-Fletcher**

- Recipient of UPDC Grant for \$5000 to integrate technology into the physical education classroom
- Member of grant writing team for UWSP Scholarship for Teaching and Learning
- Chair elect of WAHPERD Research and Technology, Physical Education Division

#### **Presentations:**

- Evans-Fletcher, C. Using PDAs and Digital Technology in Physical Education: The Pre-K Through College Connection. AAHPERD, Philadelphia, 2003

#### **Publication:**

- Worrell, V. Evans-Fletcher, C. and Kovar, S. (2002). Assessing the cognitive and affective progress of children, Journal of Physical Education, Recreation and Dance. 73(7) 29-34.

### **Scott Frazier**

- Chair HESA Curriculum Committee
- Statewide President WAHPERD.
- Serves as advisor of UWSP SHAPER Club

### **Fred Hebert**

- Member of the Board of Directors (treasure) and volunteer for Camp Hope
- Advisor for Phi Eta Sigma
- Member of steering committee for PI 34 compliance

#### **Presentations:**

- Hebert F & Loy M., The Evolving Professor (Sage-Thinker-Builder-Master): Inviting Change From Reluctant Faculty. Conference of the International Society for Exploring Teaching Alternatives, Pittsburgh, Pennsylvania, October 2002.
- Hebert, F. Keynote Address: What's a Healthy Relationship: How do we Know? Sex and the American College Student Part III, University of Wisconsin-River Falls, February 2003.

### **Holly Herrmann**

- Committee Chair for Wisconsin Athletic Trainers' Lifestyle Committee
- Received a mini-technology grant for technology in athletic training
- Serves as the advisor for the UWSP Sports Medicine Club
- Wisconsin representative for Committee on Women in Athletic Training at the district level

## **Len Hill**

- WIAC Sports Chair
- Women's Indoor Track and Field Team finished 3<sup>rd</sup> in the WWIAC and 20<sup>th</sup> at Nationals.
- Women's Outdoor Track and Field Team finished 2<sup>nd</sup> in the WIAC and 35<sup>th</sup> at Nationals.
- Women's Cross Country finished 2<sup>nd</sup> in the WIAC.
- Serves as a team leader for Wisconsin Interscholastic Program for Athletic Coaches Education (PACE).
- WIAC Coach of the Year and NCAA Regional Coach of the Year for Outdoor Women's Track and Field

## **Chris Huot**

- Functions as the webmaster for the UWSP Athletic Training web site
- Webmaster for the Midwest District of the National Athletic Trainers Association
- NATABOC Examiner for June and August 2002 exams

## **Brian Idalski**

- Women's Ice Hockey finished season with a record of 20-5-2, marking second consecutive 20 win season
- 2<sup>nd</sup> place in NCHA
- Team nationally ranked as high as 2<sup>nd</sup>

## **Johnny Johnson**

- Head of Adventure Education Minor
- Wrestling team finished 2<sup>nd</sup> in the WIAC and 3<sup>rd</sup> in the nation
- 2 athletes claimed National Titles for Division III
- 4 wrestlers attained All-American status

## **Jeff Judge**

- Reviewed and directed the rewriting of all policy and procedures manuals related to the operation of the HEC.
- Currently, Head Football Coach at Anderson University in Anderson, Indiana.

## **Ken Koelbl**

- Camp Director for UWSP Basketball Camps and Summer Leagues that brought approximately 1000 youth athletes to campus during the summer of 2002.
- Top assistant coach in highly successful men's basketball season.
- Currently, Head Men's Basketball Coach at UW-LaCrosse

## **John Miech**

- Recruited approximately 60 student athletes.
- Football team finished 3<sup>rd</sup> in WIAC with a record of 6-4.

## **Sheila Miech**

- Undefeated WIAC Champions in Women's Soccer, earning tenth title in the last eleven year and qualifying for the NCAA National Tournament for the ninth time in the last ten years.
- Coordinated summer soccer camps for approximately 200 area youth.
- Women's soccer team finished the season 18-1-2 ranked 9th in the country.
- Named WIAC and regional Coach of the Year
- Coordinated five "Health Fairs" within community elementary schools.
- Coordinated the Wisconsin High School Girls All-State Selection.

## **Brian Nelson**

- Baseball team finished 3<sup>rd</sup> WIAC conference, finishing the season 26-14-1.

## **Frank O'Brien**

- Director of Athletics for an Athletic Department that finished 12<sup>th</sup>-15<sup>th</sup> in the country in the Sears Cup based on athletic accomplishments at the national level.
- Member of many campus community committees that are not necessarily related to his job as director of athletics:(Wisconsin Special Olympics, Community Parks Improvement, and Board of Directors for Camp Hope)
- Leads Athletic Department elementary reading program
- Chair of NCAA Division III Women's Hockey

## **Kathy O'Connell**

- GLATA Research Committee Member
- Chairperson of the Wisconsin Athletic Trainers Association Committee addressing "Quality of Life Issues in Athletic Training"
- Member of the Wisconsin Athletic Trainers Affiliated Credentialing Board
- Continues to work toward completion of terminal degree at UW-Madison in Educational Administration

## **Nancy Page**

- Member of Board of Directors for the Women's Athletic Fund
- Annually collects money from members of the department to present a Holiday Basket to a needy family in Portage County
- Aquatics coordinator for the Wisconsin Special Olympics

## **David Petroff**

- Hosted youth basketball tournament (April 2003)
- Assistant Coach Women's Basketball team
- Webmaster for the athletic web pages

## **Jim Strick**

- Serves as the single WIAC member of the NCAA Division III Ice Hockey Championships selection committee
- Selected as the public address announcer for the 2003 NCAA Division III baseball championships.
- Selected as the public address announcer for the 2003 WIAA State Basketball Tournament
- Community Parks Improvement Committee
- Athletics Hall of Fame Committee

## **Rory Suomi**

- Sabbatical proposal accepted for the 2003-04 academic year to pursue certification as a physical therapy assistant, strengthening knowledge and skills for future applications in anatomy, kinesiology and SNAP.

### **Publication:**

- Suomi, R. and Collier D. (accepted for publication). Effects of arthritis exercise programs on functional fitness and perceived activities of daily living measures in older adults with arthritis. [Archives of Physical Medicine and Rehabilitation](#).

## **Robert Thorne**

- Recipient of mini-technology grant for Sportscad Motion Analysis software

### **Presentation:**

- Thorne, R. Rate of concentric evetor fatigue is not affected by ankle instability. NATA National Convention, Dallas, Texas, June 2002.

## **Stacey White**

- Coaching clinic instructor (July 2002)
- Volleyball team improved to attain highest finish in past 5 seasons

## **Rick Witt**

- President United States Cross-country Coaches Association.
- Men's Cross-country Team finished in 4<sup>th</sup> place in the WIAC and 11<sup>th</sup> nationally
- Men's Indoor Track and Field team finished 3<sup>rd</sup> in the WIAC and 7<sup>th</sup> at the NCAA Division III National Meet.
- Men's Outdoor Track and Field team finished 3<sup>rd</sup> in the WIAC and 23<sup>rd</sup> at the NCAA Division III National Meet.

- Guest speaker at Physical Therapy Associates Runners Clinic
- Continues to conduct highly successful running camps for high school level athletes as well as adults enrolling approximately 175 campers for the 2002 summer.