



University of Wisconsin-Stevens Point  
401 Reserve Street (Allen Center)  
Stevens Point, WI 54481  
(715) 346-3848  
www.go2allen.com

**WMI WILDERNESS FIRST AID  
AND  
WILDERNESS FIRST RESPONDER RECERTIFICATION**  
**Sponsored by the Wilderness Medicine Institute of NOLS and UWSP Outdoor EdVentures**

**DATES:** October 25 & 26, 2008  
**COST:** UWSP Student = \$215, Non-student = \$225  
**LOCATION:** University of Wisconsin-Stevens Point Outdoor EdVentures, Stevens Point, WI

**COURSE DESCRIPTION**

Fast paced and hands-on, this two-day course covers a wide range of wilderness medicine topics for people who travel in the outdoors. Whether spending time in the backcountry is your passion or your profession, you should never have to ask, "What do I do now?" On this course, you'll learn how to prepare for the unexpected. WMI's curriculum is unique and includes many advanced topics that other programs leave out such as dislocation reduction, focused spinal assessment and epinephrine administration. In just two days, you'll have the knowledge, skills and ability to make sound decisions in emergency situations. This course is ideal for trip leaders, camp staff, outdoor enthusiasts and individuals in remote locations. WMI's course is pre-approved by such organizations as the American Camping Association, the United States Forest Service, and other governmental agencies. This course *does not* include CPR.

**WFR RECERTIFICATION REQUIREMENTS**

If you hold a current Wilderness First Responder certification from WMI, SOLO, NOLS, OpEPA, WMA or WPT, you will receive a WMI WFR certification upon successful completion of your WFA or WFR Recert only course. Please bring a copy of your current certification if other than WMI. If you hold a current WFR certification from any other wilderness medicine organization you will receive a letter of course completion in lieu of a WMI WFR certification. This letter of completion may allow you to recertify with your original certifying organization. You must contact that organization prior to your WMI course to ensure that our course will meet their requirements for recertification.

All students are required to submit a photocopy of their WFR certification card on the first day of the course.

There is a one-year grace period for recertification of WMI cards. (Keep in mind that your certification is not current during this grace period and therefore can not work as a Wilderness First Responder.)

**REGISTRATION/POLICIES**

Tuition payment in full is required to reserve your spot in the course. Tuition is non-transferable. Tuition is payable by check (with driver's license number), cash, or student billing (UWSP students only). The tuition fee covers textbooks, syllabus, equipment and certification cards. A full refund will be given if we are forced to cancel the course for any reason.

**CANCELLATION AND REFUND POLICY**

If a student cancels or withdraws from a course:

- ❖ Greater than or equal to 30 days prior to the course starting date, WMI will retain a \$35.00 administrative fee.
- ❖ Within 30 days of the course start date and once the course has begun, tuition is non-refundable as per the following:
  - WFA, WFR-R, WMPP loss of full tuition.
  - WFR, WAFA, WUMP loss of course deposit.

Acknowledgment and Assumption of Risks Release and Indemnity Agreement: Please read the enclosed document very carefully as it affects your legal rights. We ask that you bring this signed document to the first day of the course. If you are a minor, a parent or guardian must sign the document. Failure to provide a signed document will result in you not being able to participate in the course. WMI participants, including minors, will have unsupervised free time throughout the course. Any activities during the free time are not part of the WMI program and are at the sole risk of the participant.

### **CLASS FORMAT/ EQUIPMENT**

Check in is at 7:45 AM on the first day of the course. Course days run from 8:00am – 5:00pm. The format for the WFA/WFR Recert is classroom lectures integrated with practical scenarios. Scenarios, and practice sessions will take place both inside and outside. Please bring outdoor clothing appropriate for laying on the potentially wet, muddy or snowy, cold ground playing the role of both rescuer and patient. Frequently stage (moulage) blood and make-up will be used to emphasize the reality of a scenario. Generally the classroom environment lends itself to a pair of comfy shoes/slipper and a crazy creek-type chair. Please come equipped with a light day pack, waterproof top and bottom, light hiking boots, and layers well suited for spending time outside playing the role of patient and rescuer.

### **TRAVEL/DIRECTIONS**

Please see attached map of the University of Wisconsin-Stevens Point campus.

#### **FROM WAUSAU/NORTHERN WISCONSIN:**

- Travel south on I-39/Hwy 51.
- Get off on exit #159 (Hwy 66/Stanelly St.). Turn right and proceed west into town.
- Turn right onto Illinois Ave.
- Turn left into Lot G. The Allen Center is the building immediately adjacent to Lot G. Enter through the north doors and proceed down the ramp. Outdoor EdVentures will be on your right.

#### **FROM MINNEAPOLIS/ST. PAUL AND WESTERN WISCONSIN**

- Take I-94 East to Hwy 29 east
- Follow Hwy 29 east to Wausau and take I-39/Hwy 51 south
- Get off on exit #159 (Hwy 66/Stanelly St.). Turn right and proceed west into town.
- Turn right onto Illinois Ave.
- Turn left into Lot G. The Allen Center is the building immediately adjacent to Lot G. Enter through the north doors and proceed down the ramp. Outdoor EdVentures will be on your right.

#### **FROM THE MILWAUKEE AREA**

- Take I-94 west to north I-39/Hwy 51 north of Madison
- Get off on exit #159 (Hwy 66/Stanelly St.). Turn left and proceed west into town.
- Turn right onto Illinois Ave.
- Turn left into Lot G. The Allen Center is the building immediately adjacent to Lot G. Enter through the north doors and proceed down the ramp. Outdoor EdVentures will be on your right.

#### **FROM GREEN BAY AND EASTERN WISCONSIN**

- Take Hwy 29 west to Wausau
- Take I-39/Hwy 51 south
- Get off on exit #159 (Hwy 66/Stanelly St.). Turn right and proceed west into town.
- Turn right onto Illinois Ave.
- Turn left into Lot G. The Allen Center is the building immediately adjacent to Lot G. Enter through the north doors and proceed down the ramp. Outdoor EdVentures will be on your right.

## **LODGING/RECREATION**

There is not a meal and lodging option for this course. Below are some lodging options.

### **Camping:**

The nearest camping is at Jordan Park campground located approximately 5 miles east of the UW-Stevens Point Campus on County Road Y. Campsite rates are \$14.00/night. Please call 715-346-1433 to reserve campsites.

### **Lodging:**

3 miles from the UW-Stevens Point Campus  
La Quinta Inn, 4917 Main St  
\$64.80/night under the "Outdoor EdVentures" block  
Please call 715-344-1900 for reservations

**PETS ARE NOT ALLOWED AT THE TEACHING SITE. THIS INCLUDES LEASHING THEM OUTSIDE. NO EXCEPTIONS.** Any student bringing pets to class will be asked to leave class until the pet is safely situated in a kennel or other facility.

## **NO SMOKING OR ALCOHOL IS ALLOWED ON SITE**

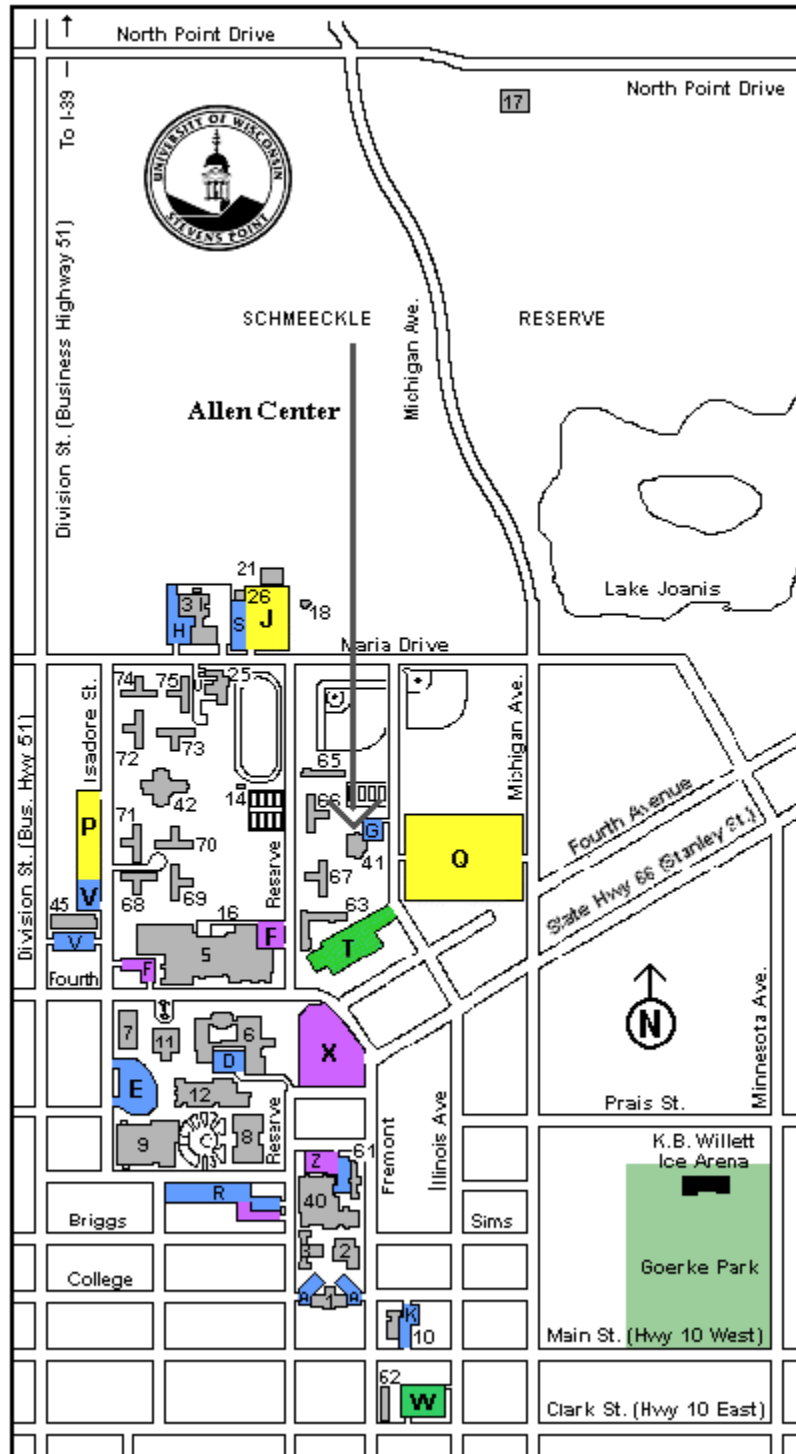
Please contact us with any questions or concerns you may have. Christopher Rice is the course coordinator and he may be reached at:

Phone: 715-346-3848  
FAX: 715-346-4487

Email: [outedven@uwsp.edu](mailto:outedven@uwsp.edu)  
Web site: [www.go2allen.com](http://www.go2allen.com)

## UW-STEVENS POINT CAMPUS MAP

UWSP Outdoor EdVentures is located within the Allen Center on the east side of the UWSP campus, across from parking lot Q. The Allen Center may be accessed by Illinois Ave. Please park in Lot G or on the road and enter through the north doors. Proceed down the ramp and Outdoor EdVentures will be on your right.





University of Wisconsin-Stevens Point  
401 Reserve Street (Allen Center)  
Stevens Point, WI 54481  
(715) 346-3848  
www.go2allen.com

**UWSP Outdoor EdVentures/WMI**

**Wilderness First Aid Registration/Wilderness First Responder Recert**

**October 25 & 26, 2008**

**Sign-up Deadline Sept. 19<sup>th</sup>, 2008**

**Name:** \_\_\_\_\_

**UWSP ID # (If Applicable):** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Please check your status:**

**UWSP Student (\$215)**

**Non-Student (\$225)**

**Please check your desired certification:**

**Wilderness First Aid**

**WFR Recertification**

**Payment (makes checks payable to UWSP Outdoor EdVentures): \$ \_\_\_\_\_**  
**Full payment due upon registration**

**Mail this signed document with payment and hold/harmless to:**

**Outdoor EdVentures  
401 Reserve St.  
Stevens Point, WI 54481**

By signing I hereby state that I have read and agree to the registration and refund policies of WMI and UWSP Outdoor EdVentures. I understand UWSP Outdoor EdVentures holds the right to cancel this course and refund my tuition entirely.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_



## Wilderness Medicine Institute of NOLS

### Wilderness First Aid Course Schedule

#### DAY 1

##### Morning

- Introductions
- Patient Assessment System
  - Initial Assessment
  - Patient Exam, Vital Signs, Focused History
  - Documentation

##### Afternoon

- Spinal Cord Injury Management
- Head Injuries
- Shock
- Wilderness Wound Management

#### DAY 2

##### Morning

- Focused Spine Assessment
- Athletic Injuries
- Fractures
- Dislocations
- Heat

##### Afternoon

- Cold Injuries
- Lightning
- Altitude Illness
- Acute Abdomen
- Anaphylaxis
- The Unresponsive Patient
- Wilderness First Aid Kits